

## **Programme ideas: Skills section**

When completing each section of your DofE, you should develop a programme which is specific and relevant to you. This sheet gives you a list of programme ideas that you could do or you could use it as a starting point to create a Skills programme of your own.

You can find more information at **DofE.org/skills** and there is a range of exciting opportunities to help you complete this section at **DofE.org/finder**.

## It's your choice...

Developing a skill helps you get better at something you are really interested in and gives you the confidence and ability to use this skill both now and later in life.

## Help with planning

You can use the programme planner on the website to work with your Leader to plan and agree your activity before you start.

Performance arts  Ballet appreciation Ceremonial drill Circus skills Conjuring & magic Majorettes	<ul><li>☐ Physics</li><li>☐ Rocket making</li><li>☐ Taxonomy</li><li>☐ Weather/meteorology</li><li>☐ Website design</li><li>☐ Zoology</li></ul>	<ul> <li>☐ Music appreciation</li> <li>☐ Playing a musical instrument</li> <li>☐ Playing in a band</li> <li>☐ Reading &amp; notating music</li> <li>☐ Understanding music in relation to history &amp; culture</li> </ul>
☐ Puppetry ☐ Singing	Care of animals	Natural world
Speech & drama Theatre appreciation Ventriliquism Yoyo extreme	Agriculture (keeping livestock) Aquarium keeping Beekeeping Caring for reptiles Dog training & handling	☐ Agriculture ☐ Conservation ☐ Forestry ☐ Gardening ☐ Groundsmanship
Science & technology	☐ Horse/donkey/llama/alpaca handling & care	<ul><li>☐ Growing carniverous plants</li><li>☐ Plant growing</li></ul>
<ul><li>☐ Aerodynamics</li><li>☐ Anatomy</li><li>☐ App design</li><li>☐ Astronomy</li></ul>	Looking after birds (i.e. budgies & canaries)  Pet care – health/training/ maintenance	Snail farming Vegetable growing  Games & recreation
☐ Biology ☐ Botany	Pigeon breeding & racing	Cards (i.e. bridge)
Chemistry Coding/ programming Ecology Electronics Engineering Entomology	Music  Church bell ringing Composing DJing Evaluating music & musical	☐ Chess ☐ Clay target shooting ☐ Coxing ☐ Cycle maintenance ☐ Darts ☐ Dominoes
☐ IT ☐ Marine biology ☐ Oceanography ☐ Paleontology	performances  Improvising melodies  Listening to, analysing & describing music	<ul><li>☐ Fishing/fly fishing</li><li>☐ Flying</li><li>☐ Gliding</li><li>☐ Go-karting</li></ul>

Historical period re-enacting	□ Criminology	☐ Fabric printing
☐ Kite construction & flying	Dowsing & divining	☐ Feng Shui
☐ Mah Jongg	Fashion	☐ Floral decoration
Marksmanship	Forces insignia	☐ French polishing
☐ Model construction & racing	Gemstones	Furniture restoration
☐ Motor sports	Genealogy	Glass blowing
Power boating	Heraldry	Glass painting
Snooker, pool & billiards	History of art	☐ Interior design
Sports appreciation	Language skills	☐ Jewellery making
Sports leadership	☐ Military history	☐ Knitting
Sports officiating	Movie posters	Lace making
	Postcards	Leatherwork
Table games		
☐ War games	Reading	Lettering & calligraphy
	Religious studies	
Life skills	Ship recognition	☐ Marquetry
Alternative therapies	Stamp collecting	Model construction
Cookery		Mosaic
Democracy in action	Media & communication	Painting & design
☐ Digital lifestyle	Amateur radio	Patchwork
Driving: car maintenance/car		Photography
e	Blogging	Pottery
road skills	Communicating with people who	Quilting
☐ Driving: motorcycle maintenance/	are visually impaired	☐ Rope work
road skills	Communicating with people who	☐ Rug making
☐ Event planning	have a hearing impediment	Snack pimping
First aid – St John/St Andrew/	Film & video making	Soft toy making
BRCS	Journalism	☐ Tatting
Hair & beauty	□ Newsletter & magazine	☐ Taxidermy
Learning about the emergency	production	☐ Textiles
services	Signalling	Weaving and spinning
Learning about the RNLI	□Vlogging	Wine/beer making
(Lifeboats)	Writing	Woodwork
Library & information skills		VVOOGVVOIK
Life skills	Creative arts	
Massage		
☐ Money management	Basket making	
Navigation	Boat work	
Public speaking and debating	Brass rubbing	
Skills for employment	Building catapaults & trebuchets	
Young Enterprise	Cake decoration	
	Camping gear making	
Learning & collecting	□ Candle-making	
Learning & conecting	Canoe building	
Aeronautics	☐ Canvas work	
Aircraft recognition	Carnival/festival float construction	
Anthropology		
Archaeology	Ceramics	
	☐ Ceramics ☐ Clay modelling	
Astronautics		
Astronautics Astronomy	Clay modelling	
	Clay modelling Crocheting	
Astronomy	Clay modelling Crocheting Cross stitch	
☐ Astronomy ☐ Bird watching	Clay modelling Crocheting Cross stitch DIY Dough craft	
Astronomy Bird watching Coastal navigation Coins	Clay modelling Crocheting Cross stitch DIY Dough craft Drawing	
Astronomy Bird watching Coastal navigation Coins Collections, studies & surveys	Clay modelling Crocheting Cross stitch DIY Dough craft Drawing Dressmaking	
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