

**YOUNG LEADERS  
AWARD SCHEME**



# AGED BETWEEN 14 AND 19?

Would you like to:  
Learn and develop leadership skills?  
Work in and as a part of a team?  
Meet new people and have some fun?

**Then you should  
join us on the 2019 YLAS**

# What is the Young Leaders Award Scheme?

**It's a personal development and leadership course open to members of clubs and groups who are aged 14 to 19.**

It's a great experience and has lasting value, not only as an accredited training programme but also as part of your personal and social development.

The scheme consists of **two residential weekends at the Caldecotte Xperience in Milton Keynes**, an outdoor learning and adventure centre based on the shores of the lake with climbing walls, abseiling, a caving network and a range of water and land based activities for you to **experience, learn and improve your leadership skills** using a range of interactive tools and games.

# Course content

## **A certificated course covering**

- Leadership (what is it, who leads?)
- Club and personal safety
- Physical activities including sports and improvised games
- Creative ideas for use in clubs
- Communication skills
- Outdoor pursuits such as climbing, orienteering and assault courses
- First Aid - British Red Cross

## Commitment required

### **Residential weekend 1 - Foundation**

Caldecotte Xperience, Milton Keynes  
Friday 8th - Sunday 10th February 2019

### **Personal Projects**

Placement in a youth club - You will plan and deliver an activity session in your youth club/group

### **To be completed**

Project booklet - Must be completed before residential 2

### **Residential weekend 2 - The Great Outdoors**

Caldecotte Xperience, Milton Keynes  
Friday 5th - Sunday 7th April 2019

### **Awards presented at the Action4Youth Big Night Out**

## Course cost

**The fee for the complete programme is £120.00.**

Each nominated young person should be supported by their club who will pay at least 50% of the cost. **If payment is a problem, then an application can be made to Action4Youth for a grant.**

## Booking instructions

Please send the completed booking form back to the address below.

**Cheques payable to Action4Youth**, clubs can also make a BACS payment to: Account no. **00490248** Sort Code: **30-90-38**

**Places will only be secured when completed booking forms and payments are received.**

## Cancellation and non-attendance policy

Action4Youth contributes a significant balance per place in order to run this programme for the clubs. It is, therefore, extremely costly to the charity if participants fail to turn up or cancel at the last minute without good reason. Please note the following conditions: If a participant cannot attend a course, at least 10 days notice must be given otherwise no refund can be given. Another young person from the club/organisation can attend in their place and this will not be seen as an absence but Action4Youth **MUST** be notified prior to the course.

## What next?

If you are interested **speak to your club leader for more information.**

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